



## **Editorial Volume 10, Issue 1**

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### Abstract:

In 2023, Josha brings a diverse range of publications. Jörg Friedrich explores death and the value of life through Hannah Arendt's quote, while Pernille Bülow proposes group-based activities as a better solution to depression than traditional treatments. Other contributions include Robert M. Kaplan's piece on the "mother of psychosomatic medicine," Sonia López Rendón's examination of privacy violations in social network inquiries, Usman Al-amin's study of tribal signs as cultural identification, and Soham Mukherjee's advocacy for wildlife conservation, including ways to avoid and deal with snakebites and the importance of the Gomti Lake in Gujarat for protecting an endangered freshwater turtle species.

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Editorial

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Dear josha-journal readers,

The new year 2023 brings a variety of Josha publications: The journey begins philosophically with thoughts by Jörg Friedrich about a quote by Hannah Arendt and its use today. Friedrich has some serious thoughts about death and what it is worth living. Possibly in the same direction tends the contribution by Pernille Bülow. She asks the question why many people do not respond to the common treatments for depression: Antidepressants and therapies. Through numerous researches and her own experiences, Bülow concludes that group-based activities, such as volunteering, can be a better solution.

In a similar context, Robert M. Kaplan writes about U.S. psychiatrist Helen Flanders Dunbar, whom he calls the "mother of psychosomatic medicine." Sonia López Rendón looks at social network inquiries in recruitment processes. The focus is on the violation of privacy.

The Nigerian ethnologist Usman Al-amin provides a contribution on tribal signs as identification with one's own culture. They can also be worn as a sign of fashion and beauty, but also as a sign of security and self-esteem.

The Indian biologist Soham Mukherjee is a specialist for snakes and crocodiles and is an advocate for wildlife. In two articles, he writes about ways to avoid snakebites and a proper way to deal with them if they do happen. In addition, he writes about the importance of Gomti Lake in Dakor town (Kheda district) in central Gujarat for conservation. The lake is one of the last strongholds of an endangered freshwater turtle species - the Indian soft-shelled turtle (*Nilssonina gangetica*).

Stay tuned to us.

Dr. Stephan Seiler

Vice President

International Academy of Sciences, Humanities and Arts



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Soham Mukherjee, [Snake Rescue Manual: Guidelines on Snake Rescue, Snakebite Management, and Community Education for Snake Conservation](#)

Pernille Bülow, [A Cry for Community](#)

Robert M. Kaplan, [Helen Flanders Dunbar: The Unfinished Pursuit of Unity](#)

Sonia S. López Rendón, [Online Background Verification in Selection Processes: Between the Public and the Private. Verificación de antecedentes en línea en los procesos de Selección: Entre lo público y lo privado.](#)

Usman Al-amin, [The Tribal Marking Among the Kanuri People of Borno, Nigeria](#)

Soham Mukherjee, [Habitat Viability and Threat Assessment Survey of Indian Soft-Shell Turtle \*Nilssoniana gangetica\* in Gomti Lake, Central Gujarat, India](#)

Jörg Friedrich, [Das Regime des nackten Überlebens The Regime of Bare Survival](#)



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